**Project proposal title:** Universities 130

**Acronym:** U130

**European Call:** Erasmus+ Sport “Collaborative partnerships”

**Deadline:** 12th May 2016

**Overal aim** – The Project aims at:

* Encourage participation in sport and physical activity for University students by supporting the implementation of the EU Physical Activity Guidelines through increased awareness of the importance of health-enhancing physical activity
* Increase participation in, and equal access to sport for all by changing the attitude of educators (teachers and administration) towards sports in the University and its importance for creating a healthy, fit and motivated working force afterwards
* promotion of innovative educational approaches for physical activity education in European Universities for attracting more students to sports
* exchange of best European practices in that context
* promotion of the voluntary activities in sport, together with social inclusion and equal opportunities

**Specific Objectives:**

1/***Introducing innovative devices*** into the physical education curricula thus creating:

Higher students’ motivation and inspiration for sports based on their interest in new technologies and innovations;

Better understanding of physical activity importance for students’ health;

Awareness of the sports importance for the students’ career development;

Improved educators’ sports culture and interest; enhanced sports educators’ professional skills;

2/ ***Active working with volunteers/students during the project for studies, trainings, elaboration of own students’ sport projects and innovative tests*** as well as during accompanying sport events and competitions; creating sports motivation and volunteers’ spirit and habits.

3/ Improve **good governance in sport** – by exchanging best practices in using innovative technologies in Sport, studying state of the art innovation and technological approaches used in grass root sports in order to evaluate results in university students sport activity.

4/ ***Encourage social inclusion and equal opportunities*** in sport, by including students in the whole project life cycle.

**Target Groups**

University students

University teachers and Administration staff

**Project activities at a glance**

* Studies regarding the University Students’ and Educators’ sports and physical activity level
* Educational campaigns and seminars for University staff and volunteer students in each partner country - for using innovative technologies in University sports.
* Pilot tests of innovative technologies for sports to be held in the participating EU Universities for 6 months - in game sports - during which staff will make day by day reports for the main indicators change in students’ sports performance based on the use of these innovation technologies.
* Local sport seminars to be organized in each of the participating country – presenting results of new technologies used in sports education.
* Own students’ sport projects development campaign
* International workshops in the partner countries with knowledge and best practice transfer on motivation for sports and physical activities
* Comprehensive results dissemination
* A final project conference

**Project partners (so far..)**

* Sofia University “St. Kliment Ohridski”, Bulgaria – leading partner
* University of Vienna, Austria
* Polish University
* Macedonian University

**Planned Duration of the project**

24 -30 months

**We are looking to enlarge our partners’ network**

If your organization is interested in participating please, complete the attached form:

[Sign in](http://goo.gl/forms/7JdhB57UBI)

Please, do not hesitate to contact us for more information:

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