**CURRENT ASPECTS OF NUTRITIONAL HABITS IN CHILDREN**

**IN PRIMARY SCHOOL AGE**

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***Abstract****. The study presents theoretically basic concepts related to the process of pupils’ nutrition, such as health consequences from childhood obesity, physiological norms of nutrition, hygiene requirements and principles of rational nutrition. They are considered and are analyzed results of an empirical study of nutritional habits in children of primary school age.*

***Key words****: children, students, school age, nutrition, nutritional habits*